

## The US Army Reserve

The Army Reserve is an indispensable part of the United States defense strategy. The Army Reserves work in conjunction with the Active Army and the National Guard to ensure the safety and integrity of our Nation.

The Army Reserve is comprised of three groups of Soldiers: the Selected Reserve (SR), the Individual Ready Reserve (IRR) and the Retired Reserve (RR). In total, there are more than one million Army Reserve Soldiers ready to serve the nation when called upon by the President.

The Army Reserve is actively engaged in Operations Iraqi Freedom, Enduring Freedom and Noble Eagle. Historically the Army Reserve has been mobilized to provide support in Operation Iraqi Freedom, Noble Eagle, and Enduring Freedom as well as other war and peace keeping efforts on both foreign and America Soil.

To enlist in the Army Reserve you must be:

- Between the ages of 17–34
- A U.S. citizen or registered alien
- Healthy and in good physical condition
- In good moral standing

Click [Here for more information](#) or Click [Here to contact a recruiter](#).

As a Soldier in the Army Reserve, you'll gain training and job skills you can't get anywhere else, which will help you no matter what path you take in life. As a Soldier in the Army Reserve, you can:

- Serve in the Reserves while remaining close to home
- Earn extra income
- Pursue a civilian career while serving in the Reserves
- Continue your education with the help of the Reserves
- Build a military retirement
- Benefit from job training that will enhance your civilian career
- Maintain a high level of mental and physical discipline

What the Army Reserve can do for you.

As an Army Reservist with Prior Service, you can train for a new MOS in the Army Reserve. Additionally there are many ways you can benefit from enlisting in the Army Reserves.

You do not have to have prior military service to join the Army Reserves.